PureHeart (2004)
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It's Pureland, it's a heart, it's a PureHart!

1.) Start with a square, white side up. Fold diagonally. Unfold & Flip over.

2.) Fold the top corner down 'about' halfway. Flip over.

3.) Fold the top edge down just a little. The fold goes through both layers.

4.) Using the triangles formed in the last step as a guide, fold the corners in on the sides. Flip over.

5.) Refold the center crease on the white section. So the entire center is a mountain fold.

And you're done!